



# The Affordable Care Act: Summary of Preventive Care Coverage at 100%

The Affordable Care Act requires non-grandfathered plans to provide coverage for “preventive care.” This coverage must be provided without cost sharing (e.g., coinsurance, deductible or copayment) when using a network provider. Interim final regulations that were issued on July 14, 2010, further define certain categories of items/services that must be covered as preventive care.

## Categories of Covered Preventive Services

- Evidence-based items/services rated A or B in the current recommendations of the U.S. Preventive Services Task Force.
- Routine immunizations for children, adolescents and adults recommended by the Advisory Committee on Immunization Practices of the Centers for Disease Control and Prevention.
- Evidence-informed preventive care and screenings for infants, children and adolescents in the comprehensive guidelines of the Health Resources and Services Administration.
- Evidence-based preventive care and screenings for women described in the comprehensive guidelines of the Health Resources and Services Administration.

BCBSIL has compiled a detailed list of procedures and codes that are included in these categories, and this list will be used for claims administration.

## Detailed List of Covered Preventive Care Items/Services

### Children and Adolescents

#### Newborns

- Screening for hearing loss, hypothyroidism, sickle cell disease and phenylketonuria (PKU)
- Gonorrhea preventive medication for eyes

### Immunizations

- Diphtheria, Tetanus, Pertussis
- Haemophilus influenzae type B
- Hepatitis A and B
- Human Papillomavirus (HPV)
- Influenza (Flu)
- Measles, Mumps, Rubella
- Meningococcal
- Pneumococcal (pneumonia)
- Inactivated Poliovirus
- Rotavirus
- Varicella (chickenpox)

### Childhood health screenings

- Medical history for all children throughout development
- Height, weight and Body Mass Index (BMI) measurements
- Developmental screening
- Autism screening
- Behavioral assessment
- Vision screening
- Oral health risk assessment
- Hematocrit or hemoglobin screening
- Obesity screening and weight management counseling
- Iron supplements
- Fluoride supplements
- Lead screening
- Dyslipidemia screening
- Tuberculin testing

### Adolescent health screenings

- Depression screening
- Alcohol and drug use assessment
- Counseling to prevent sexually transmitted infections (STIs)
- Cervical dysplasia screening
- HIV screening

## Adults

### General health screenings

- Blood pressure screening
- Cholesterol screening
- Type 2 diabetes screening
- HIV and sexually transmitted infections (STIs) screenings

### Cancer screenings

- Breast cancer mammography
- Breast cancer chemoprevention counseling
- Cervical cancer pap test for women
- Colorectal cancer screenings including fecal occult blood testing, sigmoidoscopy or colonoscopy
- Prostate cancer (PSA) screening for men

### Health Counseling

Doctors are encouraged to counsel patients about these health issues and refer them to appropriate resources as needed:

- Healthy diet
- Weight loss
- Tobacco use
- Alcohol misuse
- Depression
- Prevention of sexually transmitted infections (STIs)
- Use of aspirin to prevent cardiovascular disease

### Immunizations

- Hepatitis A and B
- Herpes Zoster
- Human Papillomavirus (HPV)
- Influenza (Flu)
- Measles, Mumps, Rubella
- Meningococcal
- Pneumococcal (pneumonia)
- Tetanus, Diphtheria, Pertussis
- Varicella (chickenpox)

### Men

- Abdominal aortic aneurysm one-time screening

### Women

- Osteoporosis screening
- Chlamydia infection screening
- Gonorrhea and syphilis screening
- BRCA counseling about genetic testing

### Pregnant Women

- Folic acid supplements
- Anemia screening for iron deficiency
- Tobacco cessation counseling
- Syphilis screening
- Hepatitis B screening
- Rh incompatibility blood type testing
- Bacteriuria urinary tract infection screening
- Breastfeeding education

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